

# Behavioral Health Services for Youth in San Diego County

SAN DIEGO COUNTY ACCESS & CRISIS LINE

**888-724-7240**

7 DAYS A WEEK | 24 HOURS

If a student is experiencing a behavioral health crisis, call **911**. If you aren't sure where to refer a student, you can call the **Access & Crisis Line** above or refer the student to the SchoolLink provider on-campus.



BEHAVIORAL HEALTH SERVICES | access • communicate • connect

## County-Funded Behavioral Health Services

SchoolLink is only available at designated schools. Contact your school for details.

### OVERVIEW

- Services are provided at no or low cost to the family as authorized by the behavioral health provider's contract with the County of San Diego.
- Services can be provided during or outside of school hours, on-campus or in a community setting, based on the student's and family's needs.

### HOW TO ACCESS

- Submit SchoolLink referral form to designated contact on campus or call the SchoolLink provider directly
- Call the Access & Crisis Line at 888-724-7240 for a community-based provider referral

### ELIGIBILITY CRITERIA

- Medi-Cal enrolled or low income and uninsured or underinsured youth
- Meets medical necessity criteria for specialty mental health services or Drug Medi-Cal. Generally, this means:
  - > *The student has a mental health or substance use diagnosis*
  - > *The behavioral health disorder is or will impact an important area of life functioning*
  - > *There is a reasonable expectation that intervention will help*

### Medi-Cal Health Plans

Medi-Cal health plans can help their members identify a behavioral health provider in their network. Call their behavioral health line for a referral or more information.

AETNA  
855-772-9076

KAISER PERMANENTE  
877-496-0450

CARE 1<sup>ST</sup>  
855-321-2211A

MOLINA HEALTHCARE  
888-665-4621

COMMUNITY HEALTH GROUP  
800-404-3332

HEALTHNET  
888-426-0030

UNITEDHEALTHCARE  
866-270-5785

### Private Insurance

Private insurance plans, often provided through a parent's employer, can help their members identify a behavioral health provider in their network. Call the plan's behavioral health line for a referral or more information. The number is usually listed on the insurance card.

### Federally Qualified Health Centers

Many federally qualified health centers (also known as community health centers) provide no or low cost behavioral health services. Search online at: [findahealthcenter.hrsa.gov](http://findahealthcenter.hrsa.gov) or call 211 to find a convenient location.

### Primary Care Providers

Primary care providers can provide behavioral health services and/or refer their patients for care.

### Educationally Related Services

School districts are responsible for providing special education and related services identified as needed in Individualized Education Plans (IEPs). IEPs may include mental health services. Teachers, administrators, school psychologists and school counselors can provide guidance on the IEP referral and assessment process.

